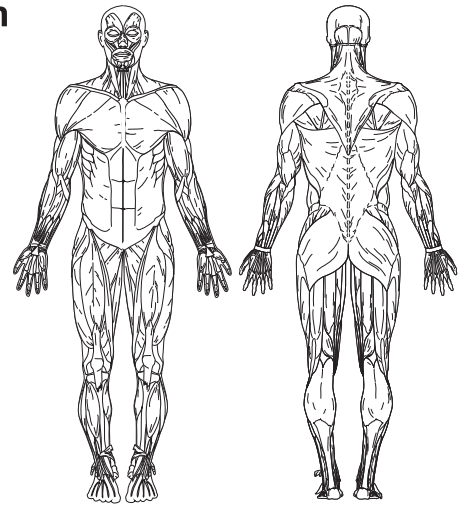


# Heart of Touch Client Form

Date: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_, City: \_\_\_\_\_  
 Zip: \_\_\_\_\_ Tel: \_\_\_\_\_  
 Occupation: \_\_\_\_\_  
 Date of Birth \_\_\_\_\_  
 Dr: \_\_\_\_\_  
 How referred: \_\_\_\_\_



Reasons for seeking treatment:: (check all that apply)

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Stress relief        | <input type="checkbox"/> Relaxation      | <input type="checkbox"/> Reduce Trauma              |
| <input type="checkbox"/> Pain relief          | <input type="checkbox"/> Rehabilitation  | <input type="checkbox"/> Athletic Performance       |
| <input type="checkbox"/> Structural Alignment | <input type="checkbox"/> Relieve anxiety | <input type="checkbox"/> Improve General Well Being |

Chief concerns/complaints: \_\_\_\_\_  
 \_\_\_\_\_

- Previous Illness \_\_\_\_\_
- Surgeries (when) \_\_\_\_\_
- Uncommon childhood illness \_\_\_\_\_
- Trauma (accidents, falls, etc) \_\_\_\_\_
- Allergies \_\_\_\_\_
- Current Medications \_\_\_\_\_
- Current Supplements \_\_\_\_\_

Have you currently or recently experienced any (check):

RESPIRATORY  
 \_\_\_ Breathing difficult  
 \_\_\_ coughing  
 \_\_\_ asthma

SKELETAL  
 \_\_\_ stress fracture, breaks  
 \_\_\_ arthritis, osteoarthritis  
 \_\_\_ joint pain

\_\_\_ insomnia  
 \_\_\_ chronic fatigue  
 \_\_\_ high blood pressure  
 \_\_\_ migraines  
 \_\_\_ dizziness, headache  
 \_\_\_ high stress level  
 \_\_\_ recent surgeries (within 3 months)

DIGESTIVE  
 \_\_\_ indigestion  
 \_\_\_ diarrhea  
 \_\_\_ constipation

\_\_\_ depression  
 \_\_\_ fainting  
 \_\_\_ epilepsy  
 \_\_\_ panic attack

Are you pregnant? Y\_\_\_/N\_\_\_

Do you receive regular: (how frequent?)

- |   |  |
|---|--|
| <input type="checkbox"/> Massage _____      | <input type="checkbox"/> Physiotherapy _____ |
| <input type="checkbox"/> Chiropractic _____ | <input type="checkbox"/> Other: _____        |

Which emotions do you most commonly feel?

- |   |  |   |        |
|---|--|---|--------|
| <input type="checkbox"/> Fear           | <input type="checkbox"/> Anger, resentment | <input type="checkbox"/> Indecision     | Other: |
| <input type="checkbox"/> Worry, concern | <input type="checkbox"/> Joy, happiness    | <input type="checkbox"/> Grief, sadness |        |

# Consent for treatment

I understand that the Craniosacral/Acupressure/Zero Balancing bodywork I receive is for the purpose of stress reduction and relief from muscular tension, spasm, or pain, and to increase range of motion. I understand that a Jin Shin Do/Zero Balancing practitioner does not diagnose illness or disease or perform any spinal manipulations, nor do they prescribe any medical treatments. I acknowledge that Cranio/Acupressure/Zero Balancing is not a substitute for medical examination or diagnosis and that I should see a health care provider for those services.

I also understand that a single Acupressure/Zero Balancing session used on a random basis is limited to providing a general nonspecific relief.

I agree that this is a professional non sexual bodywork and sexual conduct of any sort will not be tolerated.

Sometimes things may come up unexpectedly and you are not able to keep your appointment. Please make every effort to contact me at your earliest possible convenience so another client can fill that time. Repeated last minute cancellations may result in charges to you.

Client name: \_\_\_\_\_

Date: \_\_\_\_\_